



ಅಬ್ಬಾಸ್ ಖಾನ್ ಮಹಿಳಾ ಕಾಲೇಜು ABBAS KHAN COLLEGE FOR WOMEN

NAAC Re-Accredited with B++, Affiliated to Bengaluru City University
Under The Management of CMA, Karnataka

Dr. M.S. Vidya, M.A., Ph.D.,
Principal Diploma in Women Studies

Phone : 080 - 2212 5007

SELF STUDY REPORT

CRITERIA-07: Best Practices

PRACTICE 1

Title of the Practice: Manini (Women Empowerment Cell)

Objectives of the practice:

- To strengthen one's will and self-assurance in order to achieve financial independence.
- To give students a sense of protection and safety.
- To empower students to become change agents in the community.
- To reach the core objectives of the forum, we work under two areas which are: Creating Empowerment and Creating Security.

The Context:

This effort, aims to empower girls with security by offering various forms of support in terms of physical ability, psychological stability, financial soundness, and overall student development. It also gives priority to empowering the students to be resilient and unified. In addition, soft skills training gives one the self-assurance to tackle challenges and handle the intricacy of the present circumstance.



ಅಬ್ಬಾಸ್ ಖಾನ್ ಮಹಿಳಾ ಕಾಲೇಜು

ABBAS KHAN COLLEGE FOR WOMEN

NAAC Re-Accredited with B++, Affiliated to Bengaluru City University
Under The Management of CMA, Karnataka

Dr. M.S. Vidya, M.A., Ph.D.,
Principal Diploma in Women Studies

Phone : 080 - 2212 5007

The Practice:

To impart the knowledge, they need for a life of equality, empowerment, and personal growth. Manini hosts a number of awareness programs on subjects like health, law, business, self-defense, and others. It also helps in development and achievement in the workplace. To fine tune the students' attitude, values, beliefs, motivation, desires, feelings, eagerness to learn, willingness to share and embrace new ideas, goal orientation, flexibility, pursuing futuristic thinking, diplomacy and various skills, etiquette and manners, so that they will be able to deal with different situations diligently.

Evidence of success:

There was modesty and reserve among the students, who were initially hesitant to cross disciplinary lines in academia. This hesitation impeded their accomplishments. However, through a range of awareness programs, girls began taking an active part in competitions that developed their leadership and creativity. At present 28 students are successfully placed in various positions in the corporate world, education sector, and government undertakings. Additionally, the college provides self-defense training to help them become more confident and protect themselves in times of danger.



ಅಬ್ಬಾಸ್ ಖಾನ್ ಮಹಿಳಾ ಕಾಲೇಜು

ABBAS KHAN COLLEGE FOR WOMEN

NAAC Re-Accredited with B++, Affiliated to Bengaluru City University
Under The Management of CMA, Karnataka

Dr. M.S. Vidya, M.A., Ph.D.,
Principal Diploma in Women Studies


Phone : 080 - 2212 5007

Problems Encountered and Resources Required:

- Lack of Career - Oriented students and Parents' support.
- Time limitation
- Motivating students to take up initiatives meant for their up-liftment. Maintaining a consistent level of interest and involvement among the girl students.
- Challenge in balancing personal, professional and academic life.
- Financial hindrances, which are faced by economically backward students
- Disinterest among the students from family pressures and commitments.

Impact of the practice:

This free training for the students removes the gap between Curriculum and Industrial demand to become employable and further it results in building the confidence of students. Most of the students have been placed in different organizations and are serving in different capabilities. Some of them are self-employed and earning.


PRINCIPAL
ABBAS KHAN COLLEGE FOR WOMEN
OTC Road, Cubbonpet, Bengaluru-560 002



ಅಬ್ಬಾಸ್ ಖಾನ್ ಮಹಿಳಾ ಕಾಲೇಜು

ABBAS KHAN COLLEGE FOR WOMEN

NAAC Re-Accredited with B++, Affiliated to Bengaluru City University
Under The Management of CMA, Karnataka

Dr. M.S. Vidya, M.A., Ph.D.,
Principal Diploma in Women Studies

Phone : 080 - 2212 5007

PRACTICE 2:

Title of the Practice: "Sahayoga" (Helping Hand)

Goal

Establishing the institution was primarily motivated by the need to educate females from Muslim communities in particular, as well as from socially and economically disadvantaged backgrounds. It is the institution's firm belief that women with education would undoubtedly create a society founded on values that is sustainable and promote world peace. By providing "Helping Hand" such as mid-day meal services, health examinations, fee reductions, C.M.A. Scholarships, free note books distribution, and counseling for both personal and financial issues regardless of caste, creed, language, religion, the institution aims to ensure that the stated goal is implemented and achieved.

The Context

The Institution was established with a vision of empowering and nurturing leaders to become global competitors. It faces few challenges while implementing the best practice as most of the parents are uneducated and they force their wards to discontinue education. In these cases, the determined institution convinces the parents to continue the education of their daughters.

The Practice

The College ensures that the courses deliver the quality which fetches them in getting jobs. The management is benevolent and magnanimous and hence fee concessions and instalment facility are provided to the students over an



ಅಬ್ಬಾಸ್ ಖಾನ್ ಮಹಿಳಾ ಕಾಲೇಜು

ABBAS KHAN COLLEGE FOR WOMEN

NAAC Re-Accredited with B++, Affiliated to Bengaluru City University
Under The Management of CMA, Karnataka

Dr. M.S. Vidya, M.A., Ph.D.,
Principal
Diploma in Women Studies

Phone : 080 - 2212 5007

extended period of time. There is a separate Scholarship Committee which takes initiative in getting scholarship to all SC, ST, and OBC from Government, Private organizations & C.M.A. Management & faculty funded Mid-day Meal program i.e.; students welfare fund is created to provide food and medical assistance to the needy and deserving students. Counselling sessions are conducted for the students to provide emotional and academic support. It is a matter of pride that at a time, when many educational institutions in Bengaluru are driven primarily by business interest, the College lead by the CMA management is committed to provide affordable higher education to the Women in the society.

Evidence of Success

Ms. Bi Bi Ayesha, coming from a underprivileged and disadvantaged background and raised by a single parent, joined this institution through a referral, without any source of income to pay the fees. She completed her graduation in 2018 and then enrolled in this institution to pursue her M.A. During her studies, she availed herself of the mid-day meal facility, fee concessions, and various other forms of support. Faculty members also sponsored her education. Despite all the struggles she faced, she successfully overcame them and is currently working as a lecturer in a PU college. Her journey illustrates how the institution's supportive practices have significantly benefited its students.



ಅಬ್ಬಾಸ್ ಖಾನ್ ಮಹಿಳಾ ಕಾಲೇಜು

ABBAS KHAN COLLEGE FOR WOMEN

NAAC Re-Accredited with B++, Affiliated to Bengaluru City University
Under The Management of CMA, Karnataka

Dr. M.S. Vidya, M.A., Ph.D.,
Principal Diploma in Women Studies

Phone : 080 - 2212 5007

Problems Encountered and Resources Required

In spite of the limited resources, the Management is running Primary, Middle and High Schools for both boys and girls. UG & PG Courses are also offered to women with the only aim of educating them. Previous peer teams expressed their appreciation to our management for doing such a commendable service to the society by educating women of low economical group.

Impact of the practice:

Some students faced significant family and financial challenges, which hindered her ability to pursue further studies. Their family was reluctant to support the college education, and the financial strain made it difficult for them to concentrate on studies and pay fees. Recognizing their potential and situation, the college counselor intervened. Through regular counseling sessions, the student received emotional support and guidance, which helped them regain focus and motivation. Additionally, the college provided them with mid-day meal facility and a fee concession, alleviating the financial burden. As a result, they was able to continue the studies and excel academically.


PRINCIPAL
ABBAS KHAN COLLEGE FOR WOMEN
DTC Road Cross, Cubbonpet,
BENGALURU - 560 002.